

The Resume

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Good Luck!

The Bay Shore High School Guidance Department

Your Name Here
1 Main Street
Bay Shore, New York 11706
youremailaddress@yahoo.com
631-555-1234

Objective:

To attain acceptance to a four year college or university in pursuit of a bachelor degree in political science

Education:

I will graduate from High School in June 2012 and I am presently a candidate for the International Baccalaureate Diploma. I will also be awarded an Advanced Regents Diploma with Honors.

Athletics:

- Varsity Lacrosse Grade 9-12
 - Elected **Captain** Grade 12
 - Selected All-County Grade 12
 - Selected All-League Grade 11
- Varsity Soccer Grade 11-12
 - Elected **Co-captain** Grade 12
 - League Champions Grade 12
- Junior Varsity Soccer Grade 9-10
- Varsity Winter Track Grade 9-12
 - All-League 800 meters Grade 11

Community Service:

- ! Religious Organization Grade 9-12
 - Assisted Teacher at Sunday school and was the pianist as a Band Member at Sunday services. I also assisted in the Toddler Room and volunteered with the Soup Kitchen on Saturdays.
- ! Candy Striper at Good Samaritan Hospital Grade 11-12
 - Distributed meals to patients and helped transport patients that needed medical testing.
- ! Bay Shore Chamber of Commerce Grade 11
 - Helped organized weekly summer concerts in the park and decorated holiday wreaths to hang on Main Street.
- ! Book Buddies at the Library Grade 9-10
 - Mentored elementary school child throughout the summer.
- ! Empire State Games Grade 9
 - Distributed water to Athletes.
- ! Atria – Senior Citizen Assisted Living Home Grade 9

- Visited weekly with residents.

Studied Egyptology and earned a grade of 99%
Participated in field trips to local colleges

Attended a weekend leadership retreat

Five-week program exploring the sciences in research laboratories,
through field trips and lectures

Served as an aide to work with people with developmental
disabilities

Collected tickets, ferry maintenance

Cashier

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Extra-Curricular Activities

Student Council
Senior Class **President**

Grades 9-12
Grade 12

Participate in the following school-sponsored activities including: Stuff-a-Bus, Thanksgiving Food Drive, Homecoming Parade and Dance, Brunch for a Cure, and the Annual Community Summit.

Creative Writing Club

Grades 9-12

Contributing writer to our literary magazine, *The Writers' Block*

Model UN Club

Grades 9-12

Peer Support Club

Grades 10-12

Trained by social worker to aid in peer mediation as well as assisted in the following programs including: Christmas Magic, Thanksgiving Food Drive, Cultural Exchange Program, Freshmen Transition Day, and Awareness Weekend, a two day event where students participate in a series of group activities designed to build self esteem, trust in others, and a sense of community.

Athletes Helping Athletes

Grades 11-12

Trained to deliver a drug, alcohol, and tobacco prevention program to fifth graders.

**Future Business Leaders of America (FBLA)
President**

**Grades 11-12
Grade 12**

Service Honor Society

Grades 11-12

Acknowledged for volunteering at the following school and community events including: Annual Blood Drive, Arts Festival, usher at school performances, Habitat for Humanity, and mentoring.

Ethnic Pen Committee

Grades 11-12

Help to organize annual young writers conference that highlights diversity. Guest Authors present their published works in both large group and workshop format.

Music

Marching Band

Grades 10-12

Played saxophone, Participated in Columbus Day Parade, St. Patrick's Day Parade, Newsday's Marching Band Festival.

Wind Ensemble

Grades 10-12

First Chair, saxophone, performed at Arts Festival

Concert Band

Grade 9

Jazz Band

Grades 10-12

Drama

Dirty Rotten Scoundrels

Grade 12

Les Miserables

Grade 11

Beauty and the Beast
Belle, **Lead Actress**

Grade 10

Awards and Honors:

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| Principal's List | Grade 9-12 |
| Service Honor Society | Grade 9-12 |
| National Merit Semi-Finalist | Grade 12 |
| AP Scholar | Grade 12 |
| Tri-M Music Honor Society | Grade 12 |
| National Honor Society | Grade 11-12 |
| All State NYSSMA | Grade 11 |
| National Latin Exam, Magna Cum Laude | Grade 11 |
| NYS Scholar Athlete | Grade 11 |
| Ethnic Pen Writers Conference 1 st place Essay Winner | Grade 10 |
| Breakfast of Champions in English | Grade 10 |

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