# The Resume

ere's your h n e to shine ke this opportunity to list nd expl in II of the gre t things you h ve done here t y hore igh hool rospe tive olleges nd employers re interested to le rn how you spend your time outside of I ss

# emem er these tips

- t's never too e rly to st rt your resume onsider your resume work in progress throughout high s hool
- ke your resume work for you se your own words to t lk spe ifi lly out wh t you've done in e h tivity o two resumes re going to e ex tly the s me
- oot your own horn ow is not the time to e shful se tion words when des ri ing tivities su h s supervise oordin te f ilit te ompete re ruit ...
- on't e fr id to step outside of your omfort zone not only to enh n e your resume ut Iso to enri h your over II high s hool experien e
- eview your resume periodi Ily to ssess strengths nd g ps in tivities le dership ommunity servi e et
- he length of your resume will v ry sed on involvement
- e proud of wh t you h ve omplished we re

he tt hed s mple resume w s re ted to provide students with fr mework for developing their own resumes tudents re wel ome to use the tt hed s mple resume s guide or simply hoose their own form t

Good Luck!

The Bay Shore High School Guidance Department

# Your Name Here

1 Main Street Bay Shore, New York 11706 youremailaddress@yahoo.com 631-555-1234

## Objective:

To attain acceptance to a four year college or university in pursuit of a bachelor degree in political science

#### **Education:**

I will graduate from High School in June 2012 and I am presently a candidate for the International Baccalaureate Diploma. I will also be awarded an Advanced Regents Diploma with Honors.

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### **Athletics:**

•	Varsity Lacrosse	Grade 9-12
	<ul> <li>Elected Captain</li> </ul>	Grade 12
	<ul> <li>Selected All-County</li> </ul>	Grade 12
	<ul> <li>Selected All-League</li> </ul>	Grade 11
•	Varsity Soccer	Grade 11-12
	<ul> <li>Elected Co-captain</li> </ul>	Grade 12
	<ul> <li>League Champions</li> </ul>	Grade 12
•	Junior Varsity Soccer	Grade 9-10
•	Varsity Winter Track	Grade 9-12
	<ul> <li>All-League 800 meters</li> </ul>	Grade 11

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#### **Community Service:**

! Religious Organization

Assisted Teacher at Sunday school and was the pianist as a Band Member at Sunday services. I also assisted in the Toddler Room and volunteered with the Soup Kitchen on Saturdays.

Grade 9-12

! Candy Striper at Good Samaritan Hospital Grade 11-12

o Distributed meals to patients and helped transport patients that needed medical testing.

! Bay Shore Chamber of Commerce Grade 11

Helped organized weekly summer concerts in the park and decorated holiday wreaths to hang on Main Street.

! Book Buddies at the Library Grade 9-10

o Mentored elementary school child throughout the summer.

! Empire State Games Grade 9

o Distributed water to Athletes.

! Atria – Senior Citizen Assisted Living Home Grade 9

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Summer nrichment rograms

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rade

Studied Egyptology and earned a grade of 99%

Participated in field trips to local colleges

otary Youth eaders ssociation Y

rade

Attended a weekend leadership retreat

rookhaven ational aboratory pprenticeship

rogram rade

Five-week program exploring the sciences in research laboratories,

through field trips and lectures

mployment

istory Tutor

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Served as an aide to work with people with developmental

disabilities

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Collected tickets, ferry maintenance

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### **Extra-Curricular Activities**

Student Council
Senior Class President

Grades 9-12 Grade 12 Participate in the following school-sponsored activities including: Stuff-a-Bus, Thanksgiving Food Drive, Homecoming Parade and Dance, Brunch for a Cure, and the Annual Community Summit.

## **Creative Writing Club**

Grades 9-12

Contributing writer to our literary magazine, *The Writers' Block* 

Model UN Club Grades 9-12

### **Peer Support Club**

**Grades 10-12** 

Trained by social worker to aid in peer mediation as well as assisted in the following programs including: Christmas Magic, Thanksgiving Food Drive, Cultural Exchange Program, Freshmen Transition Day, and Awareness Weekend, a two day event where students participate in a series of group activities designed to build self esteem, trust in others, and a sense of community.

### **Athletes Helping Athletes**

**Grades 11-12** 

Trained to deliver a drug, alcohol, and tobacco prevention program to fifth graders.

Future Business Leaders of America (FBLA)

Grades 11-12

President

Grade 12

### **Service Honor Society**

**Grades 11-12** 

Acknowledged for volunteering at the following school and community events including: Annual Blood Drive, Arts Festival, usher at school performances, Habitat for Humanity, and mentoring.

#### **Ethnic Pen Committee**

**Grades 11-12** 

Help to organize annual young writers conference that highlights diversity. Guest Authors present their published works in both large group and workshop format.

#### Music

#### Marching Band

**Grades 10-12** 

Played saxophone, Participated in Columbus Day Parade, St. Patrick's Day Parade, Newsday's Marching Band Festival.

Wind Ensemble Grades 10-12

First Chair, saxophone, performed at Arts Festival

Concert Band Grade 9

Jazz Band Grades 10-12

#### **Drama**

Dirty Rotten Scoundrels Grade 12

Les Miserables Grade 11

Beauty and the Beast Grade 10

Belle, Lead Actress

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### Awards and Honors:

Principal's List	Grade 9-12
Service Honor Society	Grade 9-12
National Merit Semi-Finalist	Grade 12
AP Scholar	Grade 12
Tri-M Music Honor Society	Grade 12
National Honor Society	Grade 11-12
All State NYSSMA	Grade 11
National Latin Exam, Magna Cum Laude	Grade 11
NYS Scholar Athlete	Grade 11
Ethnic Pen Writers Conference 1st place	Grade 10
Essay Winner	
Breakfast of Champions in English	Grade 10

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<sup>\*</sup> h st risks s p r ting s tions illustr t s th iff r nt form ts you n us to t ilor your r sum to your own p rson | styl